

# 2011 Is “The Year of the Mouth”

## Declared by AAOSH President

### Start With a Healthy Mouth for a Healthier Body

01.10.2011– The Chinese have designated 2011, “The Year of the Rabbit,” however, the bunnies are being asked to step aside because the president of the States’ fastest growing health organization, The American Academy for Oral Systemic Health (AAOSH), is proclaiming the year 2011 as “The Year of the Mouth.” AAOSH is taking a stand that the mouth is the first place to start for overall body health and longer life. In recent years the studies have been piling up connecting poor oral health to the deadliest of diseases including heart disease, stroke, cancer and diabetes. Oral health problems have also been shown to have close connections to many other serious health concerns like Alzheimer’s, arthritis, pneumonia and pregnancy complications. Founding member **DEAN LODDING, DDS AND HIS HYGIENIST, STEPHANIE PIETRANTONIO, RDH** from **SMILE FOR LIFE DENTAL** in **ELGIN, IL**, share their concerns and goals, “Unfortunately, it just isn’t common knowledge that oral health can add years to your life. Our group is trying to change that!”

The AAOSH is concerned that they can only get so far with this “most important message ever” using the regular scientific and medical information outlets. President Dr. Chris Kammer says, “It’s time to open new doors for the public and use new ways to communicate this message about the body-debilitating and life-shortening consequences of poor oral health.” Since one of the primary missions of AAOSH members is to “Shout It Out Loud” and communicate the importance of this mouth-body connection, they have borrowed the popular song title from the legendary rock group KISS as their rallying cry. The organization hopes to make it official as well, since adding a rock-and-roll theme to this life-enhancing and life-extending message will likely get it heard by more people in their public service announcements. “When lives are at stake, our group will go the distance to get the public’s attention,” continued AAOSH board member, **DR. DEAN LODDING**. That’s what “The Year of the Mouth” is all about.”

For more information on AAOSH, please visit, [www.AAOSH.com](http://www.AAOSH.com) or contact **DEAN LODDING, DDS** at **847-691-1111** to set up interviews or for media inquiries.

#### About AAOSH

The American Academy for Oral Systemic Health (AAOSH) was founded in 2010. Comprised of a network of dedicated health care leaders, the organization is working to change professional and public behaviors and address the importance of oral health as it relates to whole body health. AAOSH will bridge the gaps among all health care professionals through unprecedented cooperation across all disciplines and professions

based on sound research principles. They are passionate about elevating the quality of health care services and will work to communicate the mouth-body health link, so that millions of people worldwide can live healthier, longer and happier lives. AAOSH will also support a forum for rapid and accurate exchange of knowledge about the mouth-body connection to benefit all physicians, dentists, and other health care providers, as well as the public. For more about AAOSH, please visit [www.aaosh.com](http://www.aaosh.com).